

Referral Cues — Manual Scar Techniques

When to consider referral

- Healed surgical or injury scars with reduced mobility.
- Stiffness or discomfort around mature scar tissue.
- Scar influencing posture or movement capacity.
- Tissue stable and cleared for manual therapy.
- Patient reporting sensitivity or pulling sensations.
- Supportive to overall rehab plans.
- Works alongside physiotherapy or exercise programs.
- Patient seeking improved comfort and confidence.
- Within RMT therapeutic scope.
- Progress reviewed and adjusted as needed.