

Referral Cues — Concussion Care

When to consider referral

- Post-acute clients with muscular tension.
- No red-flag neurological concerns.
- Neck/shoulder strain contributing to discomfort.
- Quiet, low-sensory environment as needed.
- Gentle pacing; no aggressive techniques.
- Adjunctive to medical/neuro follow-up.
- Consent and comfort prioritized.
- No claims of cure.
- Helpful for tension-related headache patterns.
- Within RMT therapeutic scope.